

Neuromodulator Post-Treatment Instructions

- Remain upright for four hours after your treatment.
- Avoid saunas, hot tubs, or other hot environments for at least 24 hours after treatment.
- Avoid aspirin, ibuprofen products, or other non-steroidal medications, as well as vitamin E supplements, for 48 hours after the treatment unless your doctor has recommended otherwise.
- If you develop a headache, you may take Tylenol.
- Refrain from activities involving straining, heavy lifting, or vigorous exercise for 24 hours after treatment.
- Try to exercise the muscles that were injected for the first four hours after treatment. Try to squint, frown, and raise your eyebrows. Movement helps to work the neuromodulator into your muscles.
- You will start seeing results at three-to-six days, but it may take up to 14 days for full results to be seen. If the desired results are not seen after two weeks of your treatment, you may need additional injections.
- We recommend a two-week follow up appointment, especially after your first treatment. This will allow your physician to see how your muscles have responded, and refine your treatment if needed. If more product is needed, there is an additional refinement charge for any neuromodulator used at the follow-up appointment.

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