Liquid Nitrogen/Cryosurgery Post-Treatment Instructions

- The treated area reacts to liquid nitrogen like a frostbite. It will redden then blister and scab over. This process may take up to two weeks. If a blister appears, leave the blister intact.
- Once the blister dries and forms a scab, you may apply Vaseline as needed. The skin heals faster and better with a little moisture. Topical antibiotics are not needed and sometimes cause an allergic skin reaction.
- If the blister is uncomfortable or rapidly enlarging, you may drain it with a clean needle/pin that has been cleansed with an alcohol swab. Again, try to keep the blister roof intact because it acts like a natural bandaid.
- Sometimes pre-cancers, seborrheic keratoses, and warts may not completely resolve after one treatment. Multiple treatments with liquid nitrogen may be necessary.
- Notify your physician if there is warmth, swelling, pus, redness, or pain at the site. These symptoms could be signs of an infection.

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