

Imiquimod (Aldara®) Cream Instructions

- This medication is prescribed to treat diagnoses such as warts, molluscum contagiosum, actinic keratosis, superficial basal cell skin cancer, and superficial squamous cell carcinoma.
- Only use this medication for the diagnosis you have received. Please refer to your prescription for specific instructions on the frequency and duration of your treatment, which will depend on your diagnosis. Use Imiquimod only on the area(s) directed by your physician.
- If you had a biopsy, do not start Imiquimod until the biopsy site(s) has healed. This is usually two weeks after the procedure was performed.
- Before applying Imiquimod, wash area(s) to be treated with soap and water. Remove any crusty loose skin. Pat the area(s) gently and dry with a clean towel.
- Imiquimod comes in a small package. To open, clean a pin by wiping it off with alcohol. Take the pin and make a small hole in the top of the package.
- Squeeze out a small amount of the Imiquimod cream and spread a thin layer on the area(s) directed by your physician.
- Do not cover the treated area(s) after applying medication.
- Store the opened medication package in a ziplock bag. You may use the remaining cream for the next treatment.
- Do not use more than one package per day unless directed by your physician to do so.
- You should expect redness and crusting. This is a normal reaction.
- If the area becomes overly red, raw, or tender, you may stop the medication for a few days before resuming treatment.
- At the end of your treatment, you may use Aquaphor or Vaseline to promote healing.
- If you have flu-like symptoms or a new rash not in the area(s) of treatment, please discontinue the medication and call us.
- Please schedule a follow-up appointment within two-to-three months after your Imiquimod treatment is finished so that your physician can assess the effectiveness of the treatment.
- Please contact us if you have any questions or concerns.

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